

# National Team – Winter Season, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr 19 <sup>th</sup> 5.30-7.00pm	Apr 20 <sup>th</sup> 6.00-7.00pm	Apr 21 <sup>st</sup> 4.30-6.30pm	Apr 22 <sup>nd</sup> 4.30-6.30pm	Apr 23 <sup>rd</sup> Rest	Apr 24 <sup>th</sup> 7.00-9.00am	Apr 25 <sup>th</sup> ANZAC Day
Apr 26 <sup>th</sup> 5.30-7.30pm	Apr 27 <sup>th</sup> 6.00-7.30pm	Apr 28 <sup>th</sup> 4.30-6.30pm	Apr 29 <sup>th</sup> 4.30-6.30pm	Apr 30 <sup>th</sup> NAQ Club Champs	May 1 <sup>st</sup> NAQ Club Champs	May 2 <sup>nd</sup> Rest
May 3 <sup>rd</sup> 5.30-7.30pm	May 4 <sup>th</sup> 6.00-7.30pm	May 5 <sup>th</sup> 4.30-6.30pm	May 6 <sup>th</sup> 4.30pm: Team Meeting. 6.30pm: Parent mtg	May 7 <sup>th</sup> 5.30-7.00am	May 8 <sup>th</sup> 7.00-9.00am	May 9 <sup>th</sup> Rest
May 10 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	May 11 <sup>th</sup> 6.00-7.30pm	May 12 <sup>th</sup> 4.30-6.30pm	May 13 <sup>th</sup> 4.30-6.30pm	May 14 <sup>th</sup> 5.30-7.00am	May 15 <sup>th</sup> 7.00-9.00am	May 16 <sup>th</sup> Rest
May 17 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	May 18 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	May 19 <sup>th</sup> 4.30-6.30pm	May 20 <sup>th</sup> 4.30-6.30pm	May 21 <sup>st</sup> 5.30-7.00am	May 22 <sup>nd</sup> 7.00-9.00am	May 23 <sup>rd</sup> NAQ Relay Meet
May 24 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	May 25 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	May 26 <sup>th</sup> 4.30-6.30pm	May 27 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	May 28 <sup>th</sup> 5.30-7.00am	May 29 <sup>th</sup> 7.00-9.00am	May 30 <sup>th</sup> NAQ AGM & Prizegiving
May 31 <sup>st</sup> 5.30-7.00am 5.30-7.30pm	June 1 <sup>st</sup> 5.30-7.00am 6.00-7.30pm	June 2 <sup>nd</sup> 4.30-6.30pm	June 3 <sup>rd</sup> 5.30-7.00am 4.30-6.30pm	June 4 <sup>th</sup> 5.30-7.00am	June 5 <sup>th</sup> Rest	June 6 <sup>th</sup> Rest
June 7 <sup>th</sup> Queen's Birthday	June 8 <sup>th</sup> 6.00-7.30pm	June 9 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	June 10 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	June 11 <sup>th</sup> 5.30-7.00am	June 12 <sup>th</sup> 7.00-9.00am	June 13 <sup>th</sup> Rest
June 14 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	June 15 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	June 16 <sup>th</sup> 4.30-6.30pm	June 17 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	June 18 <sup>th</sup> 5.30-7.00am	June 19 <sup>th</sup> 7.00-9.00am	June 20 <sup>th</sup> Trojans Winter Meet
June 21 <sup>st</sup> 5.30-7.00am 5.30-7.30pm	June 22 <sup>nd</sup> 5.30-7.00am 6.00-7.30pm	June 23 <sup>rd</sup> 4.30-6.30pm	June 24 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	June 25 <sup>th</sup> 5.30-7.00am	June 26 <sup>th</sup> 7.00-9.00am	June 27 <sup>th</sup> Rest
June 28 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	June 29 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	June 30 <sup>th</sup> 4.30-6.30pm	July 1 <sup>st</sup> 5.30-7.00am 4.30-6.30pm	July 2 <sup>nd</sup> 5.30-7.00am	July 3 <sup>rd</sup> 7.00-9.00am	July 4 <sup>th</sup> Rest
July 5 <sup>th</sup> 5.30-7.30am 5.00-7.00pm	July 6 <sup>th</sup> 5.30-7.30am 4.00-6.00pm	July 7 <sup>th</sup> 5.00-7.00pm	July 8 <sup>th</sup> 5.30-7.30am 4.00-6.00pm	July 9 <sup>th</sup> 5.30-7.30am 4.00-6.00pm	July 10 <sup>th</sup> 7.00-9.00am	July 11 <sup>th</sup> Rest
July 12 <sup>th</sup> 5.30-7.30am 5.00-7.00pm	July 13 <sup>th</sup> 5.30-7.30am 4.00-6.00pm	July 14 <sup>th</sup> 5.00-7.00pm	July 15 <sup>th</sup> 5.30-7.30am 4.00-6.00pm	July 16 <sup>th</sup> 5.30-7.30am 5.00-7.00pm	July 17 <sup>th</sup> 7.00-9.00am	July 18 <sup>th</sup> Rest
July 19 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	July 20 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	July 21 <sup>st</sup> 4.30-6.30pm	July 22 <sup>nd</sup> 5.30-7.00am Travel to Akld	July 23 <sup>rd</sup> Akld Winter Champs	July 24 <sup>th</sup> Akld Winter Champs	July 25 <sup>th</sup> Akld Winter Champs
July 26 <sup>th</sup> 5.30-7.30pm	July 27 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	July 28 <sup>th</sup> 4.30-6.30pm	July 29 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	July 30 <sup>th</sup> 5.30-7.00am	July 31 <sup>st</sup> East Coast Champs	Aug 1 <sup>st</sup> East Coast Champs
Aug 2 <sup>nd</sup> 5.30-7.30pm	Aug 3 <sup>rd</sup> 5.30-7.00am 6.00-7.30pm	Aug 4 <sup>th</sup> 4.30-6.30pm	Aug 5 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	Aug 6 <sup>th</sup> 5.30-7.00am	Aug 7 <sup>th</sup> 7.00-9.00am	Aug 8 <sup>th</sup> Rest
Aug 9 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	Aug 10 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	Aug 11 <sup>th</sup> 4.30-6.30pm	Aug 12 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	Aug 13 <sup>th</sup> 5.30-7.00am	Aug 14 <sup>th</sup> 7.00-9.00am	Aug 15 <sup>th</sup> Rest
Aug 16 <sup>th</sup>	Aug 17 <sup>th</sup>	Aug 18 <sup>th</sup>	Aug 19 <sup>th</sup>	Aug 20 <sup>th</sup>	Aug 21 <sup>st</sup>	Aug 22 <sup>nd</sup>

5.30-7.00am 5.30-7.30pm	5.30-7.00am 6.00-7.30pm	4.30-6.30pm	5.30-7.00am 4.30-6.30pm	5.30-7.00am	7.00-9.00am	Rest
Aug 23 <sup>rd</sup> 5.30-7.00am 5.30-7.30pm	Aug 24 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	Aug 25 <sup>th</sup> 4.30-6.30pm	Aug 26 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	Aug 27 <sup>th</sup> 5.30-7.00am	Aug 28 <sup>th</sup> 7.00-9.00am	Aug 29 <sup>th</sup> HBPB Long Distance – TBC
Aug 30 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	Aug 31 <sup>st</sup> 5.30-7.00am 6.00-7.30pm	Sept 1 <sup>st</sup> 4.30-6.00pm	Sept 2 <sup>nd</sup> 5.30-7.00am 4.30-6.30pm	Sept 3 <sup>rd</sup> HBPB Winter Champs	Sept 4 <sup>th</sup> HBPB Winter Champs	Sept 5 <sup>th</sup> HBPB Winter Champs
Sept 6 <sup>th</sup> 5.30-7.30pm	Sept 7 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	Sept 8 <sup>th</sup> 4.30-6.30pm	Sept 9 <sup>th</sup> 5.30-7.00am 4.30-6.30pm	Sept 10 <sup>th</sup> 5.30-7.00am	Sept 11 <sup>th</sup> 7.00-9.00am	Sept 12 <sup>th</sup> Rest
Sept 13 <sup>th</sup> 5.30-7.00am 5.30-7.30pm	Sept 14 <sup>th</sup> 5.30-7.00am 6.00-7.30pm	Sept 15 <sup>th</sup> 4.30-6.30pm	Sept 16 <sup>th</sup> 4.30-6.30pm	Sept 17 <sup>th</sup> 5.30-7.00am	Sept 18 <sup>th</sup> 7.00-9.00am	Sept 19 <sup>th</sup> Rest
Sept 20 <sup>th</sup> 5.30-7.30pm	Sept 21 <sup>st</sup> 6.00-7.30pm	Sept 22 <sup>nd</sup> 4.30-6.30pm	Sept 23 <sup>rd</sup> 4.30-6.30pm	Sept 24 <sup>th</sup> Travel to Chch	Sept 25 <sup>th</sup> Warm up in Chch	Sept 26 <sup>th</sup> NZ SC Age Groups
Sept 27 <sup>th</sup> NZ SC Age Groups	Sept 28 <sup>th</sup> NZ SC Age Groups	Sept 29 <sup>th</sup> NZ SC Age Groups	Sept 30 <sup>th</sup> NZ SC Age Groups	Oct 1 <sup>st</sup> Travel to Napier	Oct 2 <sup>nd</sup> Rest	Oct 3 <sup>rd</sup> Rest